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# 2026 JAPAN 8 WEEK EXCHANGE



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## STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

### 8 WEEK HOMESTAY PROGRAM

**Depart/Return to US Dates\*:** June 11–August 6, 2026

**Cost:** \$5,500\*\* + airfare (estimated \$2,000–\$2,400)\*\*\*

**Ages:** 15-18

For the first 4 weeks, stay with a host family in the Tokyo area, while attending an intensive Japanese language program. This program is for youth that are interested in a Japanese classroom experience! In the second 4 weeks, you will be placed with a new host family outside of Tokyo with a host sibling of similar age. Japanese language knowledge recommended (but not required).

Contact: Mary Kay Munson, KS 4-H Exchange Coordinator, 1114 N. Spring Valley Rd., Junction City, KS 66441; 785-375-3189; Email—[mkm2@ksu.edu](mailto:mkm2@ksu.edu); Visit: <https://www.kansas4-h.org/events-activities/global-citizenship/states-4h-international-exchange-program/index.html>.

### Program Cost Includes:

- Orientations in Seattle and Tokyo
- Sightseeing and cultural excursions in Tokyo
- 4-week Japanese language program
- In-Japan expenses: lodging, meals, transportation
- Orientation materials and States' 4-H t-shirts
- Accident & Sickness Insurance

*Lunch not included on weekdays during language classes.*

***The online application is due November 1st to Kansas 4-H.***

***Application and \$200 deposit due to Kansas 4-H. Interviews will be in Junction City, 11/23/25. Details will be provided to applicants.***

**Applications open in Fall 2025 for our 2026 Outbound programs!**

\*All dates are approximate; final dates will be announced when applications open in the fall.

\*\*Program cost does NOT include airfare. Airfare estimate is for international airfare. Participant is responsible for purchasing domestic airfare to/from US gateway city. For Japan, the gateway city is Seattle, WA. In-State Fees may apply.

\*\*\*Airfare estimates are based on ticket prices from the past few years plus the potential for increased prices in 2026.